

**RESIDENTIAL GROUP SCHEDULE January 2012**

<b>Time</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>7:00-7:30</b>	Spiritual Meditation (common area)	Spiritual Meditation (common area)	Spiritual Meditation (common area)	Spiritual Meditation (common area)	Spiritual Meditation (common area)	Spiritual Meditation 7:15-7:45	Spiritual/Meditation 8:15 – 8:45
<b>8:45-9:30</b>	Community AM Mtg Tracy (common area)	Community AM Mtg Tracy (common area)	Community AM Mtg Gilbert (common area)	Community AM Mtg Corey (common area)	Community AM Mtg Tracy (common area)	Community AM Mtg Staff (Ed. Room 132)	Church or Recreation
<b>9:30-10:30</b>	Group Education Ken R. (Ed. Room-132)	Group Education Dan (Ed. Room-132)	Group Education FFS Greg/AA /Hep C/Bobby (Ed. Room-132)	Group Education Heather (Ed. Room-132)	Group Education Michael (Ed. Room-132)	Group Education Rotating Sat. Staff (Ed. Room-132)	
<b>10:30-11:30</b>	Group Counseling Brian/Jim (rec room/common)	Group Counseling Bobby/Leland (rec room/common)	Group Counseling Merri/Brian (rec room/common)	Group Counseling Greg/Andrew (rec room/common)	Group Counseling Merri (rec room/common)	Group Education Rotating Sat. Staff (Ed. Room-132)	
<b>12:00</b>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	BRUNCH	LUNCH
<b>1:00-3:00</b>	Continuing Care/Supports 1:00 – 3:00 Andrew (Ed Room 132)	COD 1:00-3:00 Michael (room 132)	Feelings Management 1:00 – 2:00 Andrew (room 132)	Anger Mgt. 1:00 – 2:00 Gilbert (room 132)	Families in Recovery 1:00 – 2:00 Andrew (Ed Room 132)	Health/Wellness* Staff 12:30 – 2:00	AA Big Book NA Basic Text Topic Discussion Staff 1:30 – 3:30
				Health & Wellness 2:00-3:00 Ken	Tobacco Education 2:00-3:00 Greg (Ed Room 132)	Study Group Staff 2:30 – 3:30 (common area)	
<b>3:00-4:00</b>	House Government 3:00-3:30 Carrie (common area)	Health & Wellness Corey O R	Recovery at Ease 3:00-4:30 Brenda (Room 132)	Trauma Ed. 2:30 – 4:00 Dave (Ed. Room-132)	Rec. Enhancement 3:00-4:00 Brenda (Ed. Room 132)	Welcome Group 3:00-4:00 Carrie (common area)	Visitation Time 3:30 – 4:30 (rec room)
<b>4:00-4:30</b>	Quiet Zone	Quiet Zone	Quiet Zone	Quiet Zone	Quiet Zone	Quiet Zone	Quiet Zone
<b>4:30-5:00</b>	Community Mtg (common area)	Community Mtg (common area)	Community Mtg (common area)	Community Mtg (common area)	Community Mtg (common area)		
<b>5:00-5:30</b>	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
<b>E V E N I N G</b>	Family Group 6:00 –7:30 Greg (room 130)		Self-help Group Staff 7:30 – 8:30 (dining room)		Self-help Group Staff 8:00 – 9:00 (dining room)		Self-help Group Staff 7:00 – 8:00 (dining room)
	Self-help Group Staff 8:00-9:00 (dining room)						
<b>9:15-10:00</b>	Daily Topic Group Staff (common area)	Daily Topic Group Staff (common area)	Daily Topic Group Staff (common area)	Daily Topic Group Staff (common area)	Daily Topic Group Staff (common area)	Daily Topic Group Staff (common area)	Daily Topic Group Staff (common area)

**Medication Call** –6:00am. (SUN - 7:00am), /11:45am /5:30pm /9:00pm

**Telephone Times** – M-F 5:30pm-10:30pm / SA 3:30pm - 11:00pm / SU 10:30am-10:30pm

**Laundry Times**- M-F 5pm-10:30pm /Sat-Su, 6am-9pm.

**No Phone, Eating, Drinking, or TV DURING ANY GROUP Please**

**\*The First Sat. of each month will be a family seminar from 1:00-3:00 PM**